



## Call Emmy

### Camping Trip Preparation Checklist for Families

#### 1. Research and Planning:

- Choose a suitable campground or destination.
- Check campground availability and make reservations if required.
- Research activities and attractions in the area.
- Check the weather forecast for your camping dates.

#### 2. Essential Gear and Equipment:

- Tent(s) with stakes and guylines.
- Sleeping bags, sleeping pads, and pillows.
- Camping chairs and/or picnic blankets.
- Lanterns or flashlights with extra batteries.
- Camping stove or grill with fuel.
- Cooking utensils, pots, pans, and plates.
- Food storage containers and coolers.
- Matches or a lighter.
- First aid kit and necessary medications.
- Maps and compass for navigation.

#### 3. Clothing and Personal Items:

- Layered clothing suitable for various weather conditions.
- Extra clothes, including warm jackets and rain gear.
- Comfortable footwear, hiking shoes, and sandals.
- Hats, sunglasses, and sunscreen.
- Insect repellent.
- Toiletries and personal hygiene items.
- Towels and washcloths.
- Extra blankets and towels for added comfort.

#### 4. Food and Drinks:

- Plan meals and snacks for the duration of your camping trip.
- Pack non-perishable food items and snacks.
- Bring plenty of drinking water or a water filtration system.
- Don't forget cooking essentials like oil, spices, and condiments.
- Consider bringing reusable water bottles and food containers.

#### 5. Campsite Essentials:

- Tent setup instructions and a mallet for driving stakes.
- Campsite reservation confirmation or permits.
- Camping chairs or portable seating options.
- Picnic tablecloth and tableware.
- Trash bags for proper waste disposal.
- Firewood and fire-starting materials if allowed at the campsite.
- Campfire cooking tools like skewers or a grill grate.
- Folding or portable camping table for food preparation.

#### 6. Recreation and Entertainment:

- Outdoor games, balls, or Frisbees.
- Bicycles, helmets, and bike locks if applicable.
- Fishing gear and licenses if planning to fish.
- Binoculars for wildlife viewing.
- Books, board games, or playing cards for downtime.

#### 7. Safety and Emergency Items:

- Fully charged cell phones and portable chargers.
- Emergency contact information and a list of important numbers.
- Basic first aid kit with bandages, antiseptic, and pain relievers.
- Whistle for signaling in case of emergencies.
- Fire extinguisher for added safety.
- Extra cash for emergencies or unexpected expenses.

#### 8. Miscellaneous:

- Camping permits or passes required for the chosen destination.
- Camping reservations and confirmation documents.
- Campsite maps and trail guides.
- Camera or video equipment to capture memories.
- Extra batteries or charging cables for electronic devices.

#### 9. Ensure your home is safe while you are away:

- Download the [Call Emmy House Checklist](#) and add other tasks that are specific to your home.
- Find someone to check on your home, or use Call Emmy and [book a house-check service](#) with one of our Fairies.

# Happy camping!